

CQ Asia-SSD Cohort 2 Overview Schedule (2026-2027)

PRE-REQUISITE ONLINE COURSES

- **SC** - Soul Companionship: Intro to SD (TBD) – 4 Weeks via Moodle SD Online Courses page site (under SSD)
- **BIT** - Basic Intro Trilogy: Christian Spirituality/Spiritual Formation/Spiritual Disciplines (TBD) – 6 Weeks via Moodle SD Online Courses page site (under SSD)

Pre-Program Orientation

- **OSP** - Orientation to the CQ Asia-SSD Program via Moodle SSD Cohort Commons/Zoom (synchronous meetings)(TBD - Three consecutive Saturday mornings (Manila time) for 2-3 hours)

Pre-Program Online Requirement

- **OOL** - Orientation to Online Learning via Moodle SSD Cohort Commons/Zoom (TBD 2026 – Asynchronous except xxx [1.5 hours] and xxx [2 hours] via Zoom - Optional)

Pre-Residency Requirements

- **HSD** - History of Spiritual Direction (March) – via video in Moodle SSD Cohort Commons
- **MSD** - Models of Spiritual Direction (March) in Moodle SSD Cohort Commons

OPENING RESIDENCY - Retreat Center (June11-16,2026)

- CQ Asia-SSD Learning Community Covenant of Shared Intention
- Special Feature Series Henri Nouwen: CenterQuest Inspiration and Guide
- Companions in Community (CinC) group experience

FIRST QUARTER 2026

- Online Course #1 - **CP I** (July 6-Aug. 1)
 - Contemplative Prayer I: (A Way of Seeing)
- Two-Week Interim Break
- Online Course #2 - **CP II** (Aug. 17-Sept. 12)
 - Contemplative Prayer II: (A Way of Listening)
- Three-Week Inter-Term Break

SECOND QUARTER 2026

- Online Course #3 - **PD I** (Oct. 5-31)
 - Prayerful Discernment I: Foundations
- Two-Week Interim Break
- Online Course #4 - **PD II** (Nov.16-Dec. 12)
 - Prayerful Discernment II: Practices
- Three-Week Inter-Term Break

PRE-FORMAL PRACTICUM PERIOD 2027

- Online Course #5 - **ISD** (Jan. 4-9)
 - Individual Spiritual Direction
- One-Week Break
- Online Course #6 - **RPD** (Jan. 18-Feb. 13)
 - [Supervised] Real Play Dyads
- One-Week Break

THIRD QUARTER 2027

- Online Course #7 - **SDS** (Feb. 22-Mar. 20)
 - Spiritual Direction Supervision
- Two-Week Interim Break
- Online Course #8 - **TR** (Apr. 12-May 8)
 - [Contemplative] Theological Reflection
- Three-Week Inter-Term Break

FOURTH QUARTER 2027

- Online Course #9 - **GSG** (May 31-June 26)
 - Group Spiritual Guidance
- Two-Week Interim Break
- Online Course #10 - **CLS** (July 12-Aug. 7)
 - Critical Life Stages
- Four-Week Inter-Term Break

CLOSING RESIDENCY - Retreat Center (Sept. 5-12, 2027)

- Practicum I: GSG - Group Spiritual Guidance
- Practicum II: FGS -Facilitated Group Supervision
- IDT - Inner Dynamics of Transformation (Two or Three-Part Series)
- Final Integration