

CQ Asia-SSD Overview Schedule (Cohort 1 - 2024-2025)

PRE-REQUISITE ONLINE COURSES

- **Soul Companionship: Intro to SD** (TBD) – 4 Weeks via Moodle SD Online Courses page site (under SSD)
- **Basic Intro Trilogy (BIT):** Christian Spirituality/Spiritual Formation/Spiritual Disciplines (TBD) – 6 Weeks via Moodle Lifelong Learning community (LLC) site
- NOTE: Special exemptions on a case to case basis

Pre-Program Orientation

- **Orientation to the CQ Asia-SSD Program** (Mid or late September 2024 - TBC) – via Moodle SSD Cohort Commons/Zoom

Pre-Program Online Requirement

- **Orientation to Online Learning** (Oct. 3-5) – via Moodle SSD Cohort Commons/Zoom

Pre-Residency Requirements

- **The Art and Ministry of Spiritual Direction** (September) – via Moodle SSD Cohort Commons
- **Models of Spiritual Direction** (September) via Moodle SSD Cohort Commons

OPENING RESIDENCY - RETREAT CENTER (Oct. 20-25, 2024)

- **CQ Asia-SSD Learning Community Covenant of Shared Intention**
- **Three-Part Special Feature Series** (Henri Nouwen: CenterQuest Inspiration and Guide)
- **Companions in Community** (CinC) group experience

FIRST QUARTER 2024-2025

- **Online Course #1** (Nov. 18-Dec. 14, 2024)
 - Contemplative Prayer I: Seeing
- **Three-Week Interim Break** (including Christmas Break)
- **Online Course #2** (Jan. 6-Feb. 1, 2025)
 - Contemplative Prayer II: Listening
- **Three-Week Inter-Term Break**

SECOND QUARTER 2025

- **Online Course #3** (Feb. 24-Mar. 22)
 - Prayerful Discernment I: Foundations
- **Two-Week Interim Break**
- **Online Course #4** (Apr. 7-May 10) - Includes Holy Week Break
 - Prayerful Discernment II: Practices
- **Two-Week Inter-Term Break**

PRE-FORMAL PRACTICUM PERIOD

- **Online Course #5** (May 26-31)
 - Individual Spiritual Direction
- **Online Course #6** (June 2-28)
 - Supervised "Real Play" Dyads
- **One-Week Break**

THIRD QUARTER 2025

- **Online Course #7** (July 7-Aug. 2)
 - Spiritual Direction Supervision
- **Two-Week Interim Break**
- **Online Course #8** (Aug. 18-Sept. 13)
 - Contemplative Theological Reflection
- **Three-Week Inter-Term Break**

FOURTH QUARTER 2025 - 2026

- **Online Course #9** (Oct. 6-Nov. 1)
 - Group Spiritual Guidance
- **Two-Week Interim Break**
- **Online Course #10** (Nov. 17-Dec. 13)
 - Critical Life Stages
- **Four-Week Inter-Term Break** (including Christmas Break)

CLOSING RESIDENCY - RETREAT CENTER (Jan. 11-18, 2026)

- **Inner Dynamics of Transformation** (Three-Part Series)
- **Practicum I: Group Spiritual Guidance**
- **Practicum II: Facilitated Group Supervision**
- **Final Integration**