

CQ Asia-SSD Cohort 2 Overview Schedule (2026-2028)

PRE-REQUISITE ONLINE COURSES

- **SC** - Soul Companionship: Intro to SD (TBD) – 4 Weeks via Moodle SD Online Courses page site (under SSD)
- **BIT** - Basic Intro Trilogy: Christian Spirituality/Spiritual Formation/Spiritual Disciplines (TBD) – 6 Weeks via Moodle SD Online Courses page site (under SSD)

Highly Recommended Workshop:

- Three-part Contemplative Prayer Workshops [CPW] via Zoom:
 - Oct. 3 (Sat.) – CPW I – 8-10 am
 - Nov. 7 (Sat.) – CPW II – 8-10 am
 - Nov. 28 (Sat.) – CPW III – 8-11am

Pre-Program Orientation: Oct. 17, 24 [10am-12nn], 31 [8-11am]

- **OSP** - Orientation to the CQ Asia-SSD Program via Moodle SSD Cohort Commons/Zoom [synchronous meetings](Three consecutive Saturday mornings (Manila time) for 2-3 hours)

Pre-Program Online Requirement: Oct. 16-18 (Asynchronous)

- **OOL** - Orientation to Online Learning via Moodle SSD Cohort Commons/Zoom Asynchronous except final Zoom meeting [Oct. 18 – 8-9:30 PM - 1.5 hours] and Technical Q & A Session [Oct. 21 – 8-9 am - 1 hour] via Zoom - Optional)

Pre-Residency Requirements

- **HSD** - History of Spiritual Direction (March) – via video in Moodle SSD Cohort Commons
- **MSD** - Models of Spiritual Direction (March) in Moodle SSD Cohort Commons

OPENING RESIDENCY - Retreat Center (Jan. 11-16, 2027)

- CQ Asia-SSD Learning Community Covenant of Shared Intention
- Special Feature Series Henri Nouwen: CenterQuest Inspiration and Guide
- Companions in Community (CinC) group experience

ONLINE COURSE MODULES via MOODLE

FIRST QUARTER 2027

- Online Course #1 - **CP I** (Feb. 15-Mar. 13)
 - Contemplative Prayer I: (A Way of Seeing)
- Two-Week Interim Break

- Online Course #2 - **CP II** (Mar. 29-Apr. 24)
 - Contemplative Prayer II: (A Way of Listening)
- Two-Week Inter-Term Break
- **Waypoint I** (May 8, Sat. - 8-10 am]

SECOND QUARTER 2027

- Online Course #3 - **PD I** (May 10-June 5)
 - Prayerful Discernment I: Foundations
- Two-Week Interim Break
- Online Course #4 - **PD II** (June 21-Jul. 17)
 - Prayerful Discernment II: Practices
- Two-Week Inter-Term Break
- **Waypoint II** (July 31, Sat. – 8-9:30 am]

PRE-FORMAL PRACTICUM PERIOD 2027

- Online Course #5 - **ISD** (Aug. 2-7)
 - Individual Spiritual Direction
- Online Course #6 - **RPD** (Aug. 9-Sept. 4)
 - [Supervised] Real Play Dyads
- One-Week Break

THIRD QUARTER 2027

- Online Course #7 - **SDS** (Sept. 13-Oct. 9)
 - Spiritual Direction Supervision
- Two-Week Interim Break
- Online Course #8 - **TR** (Oct. 25-Nov. 20)
 - [Contemplative] Theological Reflection
- Two-Week Inter-Term Break

FOURTH QUARTER 2027-2028

- Practicum: **FPGS -Facilitated Peer Group Supervision** - Dec 4, 2027 (8-11 am)
- Online Course #9 - **GSG** (Dec. 6-18, 2027 / Jan. 3-15, 2028)
 - Group Spiritual Guidance
- Two-Week Interim Break
- Online Course #10 - **CLS** (Jan. 31-Feb 26)
 - Critical Life Stages
- Two-Week Break

CLOSING RESIDENCY - Retreat Center (Mar. 20-27, 2028)

- IDT - Inner Dynamics of Transformation
- Practicum: GSG - Group Spiritual Guidance
- Final Integration
- Exit Interview
- Cohort Graduation